# [Dog's Name] Training Plan 

## Step-By-Step

Step 1: Print your calendar
Step 2: Pick a training goal (like "teach sit")
Step 3: Add your training times into the calendar, identifying which goal to work on which day

Step 4: Post your calendar in your house so everyone practices the same goal at the same time

## Example Goals You Can Work On

## Easy

Sit
15-minute sessions, twice daily. Most dogs can master this command on the second day, but you may want to add a buffer of a day or two.

## Medium

## Stay

10-15-minute sessions, twice daily. If your dog takes time to learn, make this a full week of training, otherwise pencil in three to four days.

## Down

15-minute sessions, twice daily. Most dogs catch on to this command within a few days, but some may take up to one week.

## Leave It

15-20 minute sessions, twice daily. This will likely take two to three weeks to master (longer for dogs who are easily distracted).

## Stop Jumping on People

If you're wanting your dog to show good manners and stop jumping up on guests as they walk through the door, you'll have to teach them that jumping up doesn't equal attention. This can take anywhere from two to six weeks.

## Potty Training

Medium to hard goal. The amount of time it takes to potty train varies, but it usually takes anywhere from a couple of weeks to two to three months on average for a dog to become fully potty trained.

## Hard

## Come

10-minute sessions, twice daily. Unlike the prior commands, this one may take longer to master. Some dogs may take up to several months to learn this command fully. Continue to teach this command while moving on to the others if necessary. Continue to label as you go.

## Loose-Leash Walking

20-25 minute sessions, twice daily. Pencil this in to begin teaching in month 1, but understand that this skill may take the next several months.

## Using the Litter Box

Dogs don't naturally use the litter box, but they can learn in as little as two weeks with consistent training. Dogs who are difficult to train may take four to six months to learn this skill.

| SUN | MON | TUE | WED | THU | FRI | SAT |
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*Adjust the calendar days as necessary depending on how long your individual dog takes to learn each skill
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