# Pre-Kindergarten Skills List

## Approaches to Learning
- Demonstrate willingness to participate in new experiences
- Engage in play with other children
- Use play to express ideas, thoughts, and feelings
- Make and explain new creations through play.
- Relate knowledge from one experience to another
- Use positive approaches and coping skills to solve problems.
- Tries to solve problems independently with multiple solutions
- Demonstrate persistence

## Physical Development & Health
- Locates and identifies human body parts
- Classify healthy and unhealthy foods
- Demonstrate body awareness
- Exhibit control of large muscles
- Demonstrate hand-eye coordination and dexterity
- Engage in a variety of physical activities
- Use personal hygiene skills
- Understand and demonstrate safety practices

## Social & Emotional Development
- Identify different emotions
- Exhibit socially accepted expressions of emotions
- Use positive coping skills to deal with mistakes
- Set and describe goals for self
- Interact with others in socially accepted ways
- Participate in reciprocal communication
- Use appropriate words and actions to solve conflicts
- Ask for help when needed
- Identify when others need help and assist
- Display pride and confidence in self
- Develop positive relationships with peers
- Develop positive relationships with adults
- Adapt to change

## Social Studies
- State rules and their consequences
- Identify common American symbols
- Identify groups he/she belongs to
- Identify characteristics of self
- Suggest simple solutions to conflicts with peers
- Identify common community workers
- Recognize and respect emotions of others
- Follow classroom rules for behavior
- Identify individual choices and explain them
- Understand how money is used
- Recognize differences between work and play
- Understand what a map is
- Describe locations of relevant places
- Identify daily routines

[https://kids.lovetoknow.com/wiki/Printable_Preschool_Progress_Reports](https://kids.lovetoknow.com/wiki/Printable_Preschool_Progress_Reports)
Mathematical Thinking & Expression

- Count out loud from 1 to 20
- Recognize written numbers 1 to 10
- Count to tell the number of objects
- Sort objects into groups based on shape, size, or color
- Recognize common shapes
- Compare and contrast two shapes
- Find and create patterns
- Understand how time is measured
- Use ordinal number words

Scientific Thinking

- Recognize difference between living and non-living things
- Identify basic needs of plants and animals
- Name basic parts of living things
- Gather basic data using senses and equipment
- Makes predictions about results of experiments
- Explore and describe motion of objects
- Create and describe sound variations
- Name and understand different seasons
- Identify objects found in day and night sky

Technology

- Identify technologies used at home and in classroom
- Demonstrate responsible use of technology equipment
- Recognize and label parts of a computer
- Follow directions to use basic computer games/programs
- Understand proper uses for different materials

Creative Arts

- Demonstrate understanding of basic elements of music and movement
- Express self through visual arts
- Express self through musical activities
- Create sounds using traditional and non-traditional instruments
- Participate in dramatic play
- Demonstrate age appropriate audience behavior
- Understand and identify differences in art forms and cultural creativity

Language & Literacy

- Handle books appropriately
- Identify basic features of print materials
- Associate letters with their sounds and names
- Recite familiar rhymes and songs
- Assemble letters to form words
- Assemble words to form sentences
- Understand question words and ask questions
- Maintain eye contact during interactions

Language & Literacy, cont.

- Understand and follow directions
- Use new and complex vocabulary words
- Answer prompted questions about texts
- Make connections between self, world, and texts
- Differentiate letters from numbers
- Understand basic way to read a text
- Recognize written form of own name
- Uses combination of drawing, writing, and dictating to communicate