Intermediate Tap Routine

1. Right
Side Flap-R, Heel-L
Side Flap-R, Heel-L
Side Flap-R, Heel-L
Shuffle-R, Heel-L, Stomp-R

1. Left
Side Flap-L, Heel-R
Side Flap-L, Heel-R
Side Flap-L, Heel-R
Shuffle-L, Heel-R, Stomp-L

2. Right
Front Flap-R, Heel-R, Heel-L
Back Flap-R, Heel-R

Front Flap-L, Heel-L, Heel-R
Back Flap-L, Heel-L

Front Flap-R, Heel-R, Heel-L
Back Flap-R, Heel-R, Heel-L
Front Flap-R, Heel-R, Heel-L
Back Flap-R, Heel-R

2. Left
Front Flap-L, Heel-L, Heel-R
Back Flap-L, Heel-L

Front Flap-R, Heel-R, Heel-L
Back Flap-R, Heel-R

Front Flap-L, Heel-L, Heel-R
Back Flap-L, Heel-L, Heel-R
Front Flap-L, Heel-L, Heel-R
Back Flap-L, Heel-L

3. Wing Approach
Shuffle four times with the right foot, putting down the left heel after each shuffle.
Ensure that your weight is firmly anchored on the left foot
Shuffle four times with the left foot, putting down the right heel after each shuffle.
Ensure that your weight is firmly anchored on the right foot.

4. Wings
Execute four or eight wings

5. Time Steps
Depending on your skill level, execute single or double time steps, two on each side, starting with the right foot.

6. Repeat Step 1, Right, then Step 1, Left

7. Finish
Jump forward onto both feet
Do a double syncopated pull-back
Step on the right foot, forward
Step on the left foot, forward
Dig your right toe into the ground behind your left foot

For a longer routine, repeat all steps, except Step 7, after finishing Step 5. Repeat Steps 1 through 6 as many times as you wish, and finish the whole routine with Step 7.