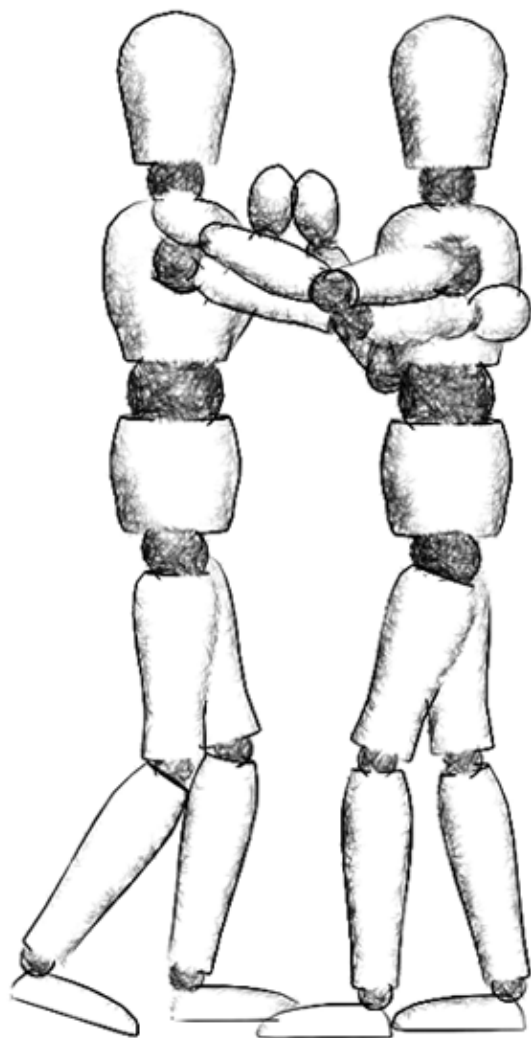
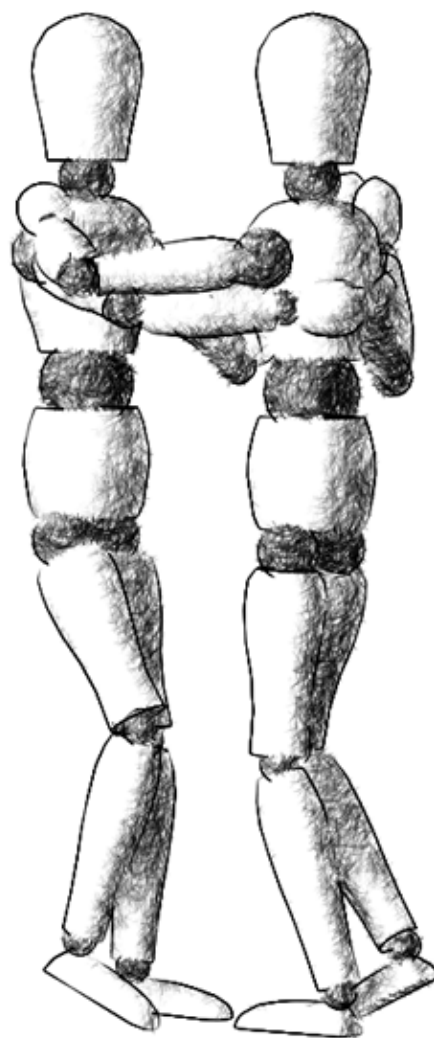


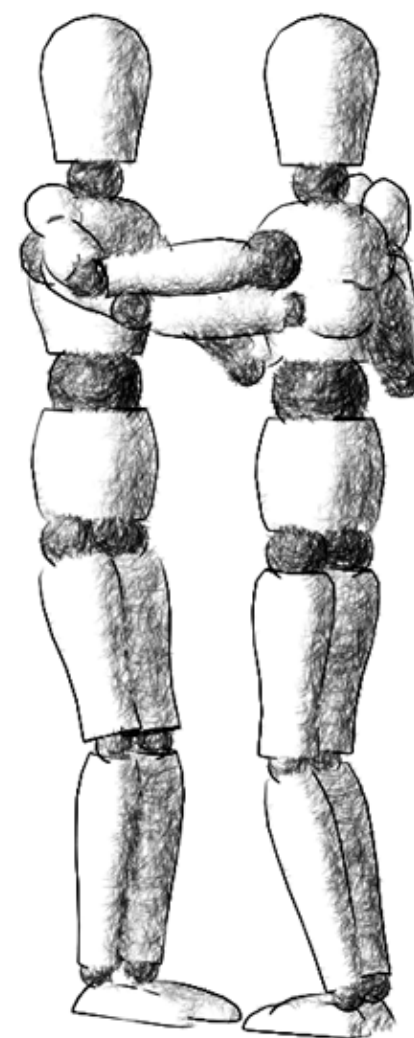
# Samba



On the first beat of the music, slide the left foot forward very slightly and put the body's full weight on it.



Sliding the right foot forward, let the body shift subtly onto the ball of the right foot. As with the Back Basic, the right heel should not touch the floor.



After the left leg lifts as the weight shifts, place it back on the floor, flat and ready to go into the complementary Back Basic.