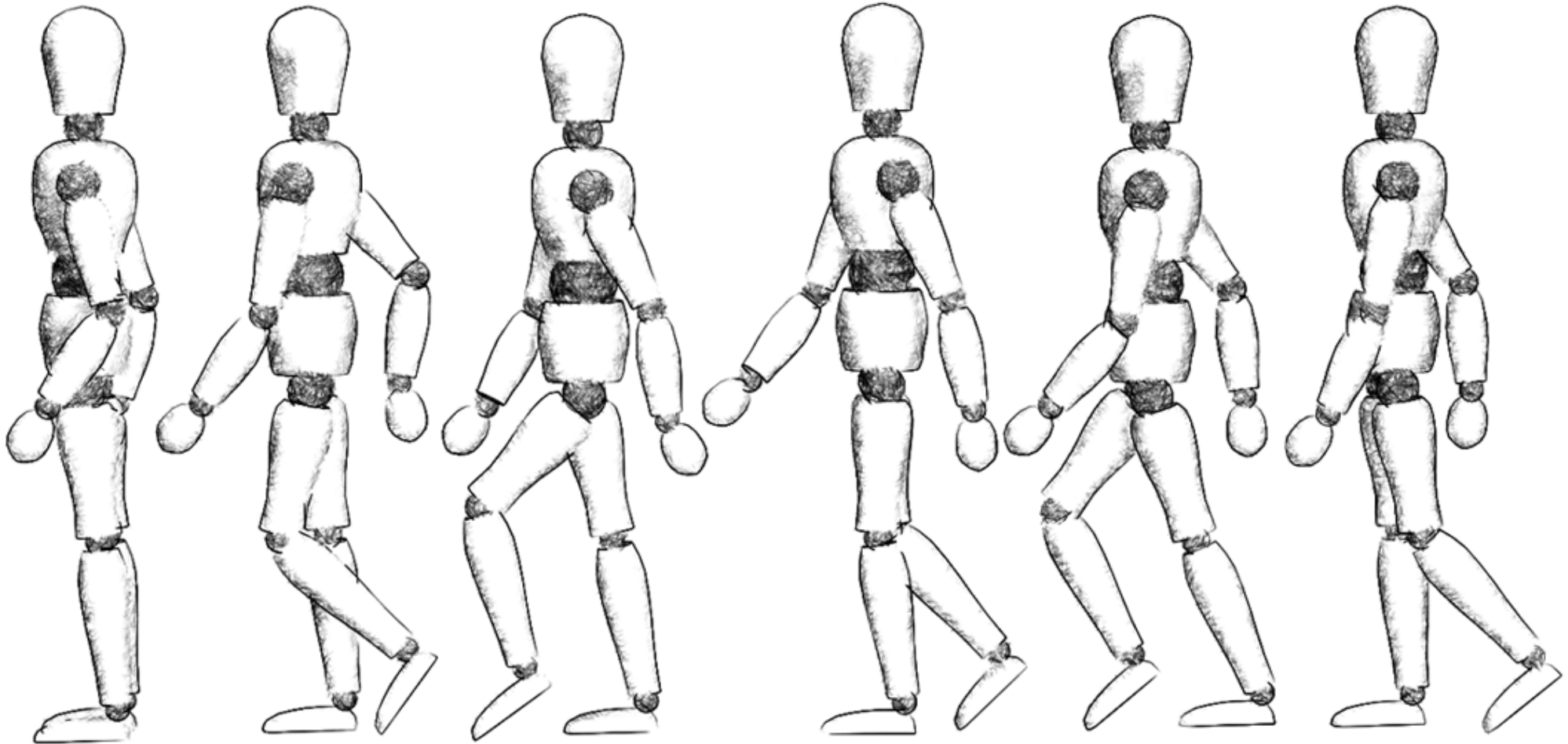


# Moonwalk



Lift your left heel and leave only your toes touching the ground. Simultaneously, slide the right foot back. Smoothly shift the weight and repeat with the opposite side. Repeat this several times in succession to complete the move.