Materials
- Two to four skeins of your favorite yarn
- Knitting needles of the appropriate size to use with that yarn
- Single ring-style marker, large enough to fit around your knitting needles
- Yarn needle
- Scissors

Instructions
This wrap is knitted starting from one side corner, then gradually increasing into a roughly triangular shape. You then perform a series of decreases to taper the knit back down to the opposite side corner. You can use any increase or decrease technique you like. The sample wrap was created using the bar increase, sometimes called "knit 1 front and back" and abbreviated as kfb or k1fb. The decrease in the sample was k2tog or "knit two together."

Cast on three stitches.
Row 1: Knit
Row 2: Purl
Row 3: Knit 1, increase 1, knit until the final two stitches. Increase 1, knit 1
Row 4: Purl
Rows 5 - 18: Repeat rows 3 and 4
Row 19: Knit 1, slip the ring marker onto your right needle, increase 1, knit the remaining stitches.
Row 20: Purl
Repeat rows 19 and 20 (slipping the marker onto your right needle every time you reach it), until the wrap is as tall as desired. Keep in mind that you're knitting the wrap starting from one side corner and working across to the other side corner, so its "height" is the distance from your first stitch to your last stitch.
Continue knitting even (without increases), trying the wrap on over your shoulders periodically to gauge its width. You get to decide when you're ready to start tapering the wrap to the other side corner with decrease rows. Every time you reach the marker, just slip it onto your right needle and keep knitting or purling as usual.
Decrease Row 1: Knit 1, k2tog, knit remaining stitches
Decrease Row 2: Purl
Continue decrease rows 1 and 2 until your next knit row begins one stitch before the marker.
Continue Decrease 1: Knit 1, remove marker, k2tog, knit until 3 stitches remain. K2tog, knit final stitch.
Continue Decrease 2: Purl
Finishing: Repeat the continue decrease rows until only three stitches are left. Then purl one row.
Bind off knitwise and use the yarn needle to weave the loose ends into your wrap for at least several inches. Then cut any extra yarn so it won't stick out between the stitches.