



Printable Backpacking Cold Weather Gear List

Clothing		
Item	Features	Packed?
Hat	Make sure it covers your ears	
Gloves or mittens	Lined, wool or other heavyweight fabric	
Long sleeve Undershirts	Form fitting, wicking fabric	
Long underwear	Form fitting, wicking fabric	
Hiking Boots	Above ankle height, insulated, waterproof	
Liner Socks	Synthetic socks to layer	
Heavy socks	Wool socks	
Rain gear	Waterproof jacket and pants	
Jacket	Lightweight jacket for layering	
Outer Coat or Parka	Heavy outerwear winter covering	
Long sleeve shirts	Heavy shirts to layer over undershirts	
Pants	Jeans or other heavy weight pants , loose enough to layer	
Add Additional Items to Personalize Your List		

Gear		
Item	Features	Packed?
Sleeping Bag	Verify appropriate temperature rating for conditions	
Sleeping Pad	Foam, easy roll variety	
Tent	Verify appropriate rating for travel conditions	
Standard Backpacking Gear	See http://camping.lovetoknow.com/Getting_Started_Backpacking .	
Add Additional Items to Personalize Your List		

For food ideas see http://camping.lovetoknow.com/Backpacking_Meal_Suggestions.