

# Self Portrait

**Target age group:** Preschool through second grade, full classroom or small group of children with autism

**Objective:** To practice pencil grasp, pre-writing skills, and fine motor control.

**Materials needed:**

- Paper
- Markers
- Photo of each child

**Instructional strategy:**

1. Give each child a picture of himself. Talk about the aspects he should consider when drawing a self-portrait. Write a checklist on the board to help the children make sure they include all body parts and facial features.
2. Pass out the paper and art supplies and instruct the kids to draw themselves. As they work, move around the classroom correcting their pencil grasp. Some children may require hand-over-hand assistance to create their portraits.
3. Give each child ideas for adding to his or her portrait.

**Accommodations for nonverbal children:** This activity does not require verbal participation, but some children may need extra assistance from a paraprofessional.