

Behavior Goals

These behavior goals may be appropriate for your student with autism, depending on the child's age and functioning level.

Early Childhood and Preschoolers

- The student will deal with frustration or anger in an appropriate way, such as stomping his or her foot, offering a verbal expression, etc., on four out of five opportunities.
- The student will follow a one-step direction on four out of five opportunities.
- The student will accept a change in the normal daily routine 30% of the time.
- The student will sit during "circle time" and participate in classroom activities 50% of the time.
- Given prompts, the student will transition from one activity to another on four out of five opportunities.

Elementary School

- The student will learn and demonstrate simple self-calming techniques, such as deep breathing, on four out of five opportunities.
- The student will follow a three-step direction on four out of five opportunities.
- The student will accept a change in the normal daily routine 70% of the time.
- The student will participate in classroom activities 80% of the time.
- The student will follow the rules in the classroom 80% of the time.

Middle School and High School

- The student will identify when he or she needs to take a break and will independently request a break on four out of five opportunities.
- The student will follow five-step instructions and ask questions for clarification as needed on four out of five opportunities.
- The student will accept a change in the normal daily routine 80% of the time.
- The student will adhere to classroom rules 80% of the time.
- The student will behave appropriately outside the classroom (in hallways, the lunchroom, before and after school, etc) 80% of the time.