

Facial Expressions Decoded

See what makes a scowling face look angry and a smiling face look happy! After you've reviewed the basics, practice these expressions in the mirror.

Happy

- Eyebrows are not lowered or raised.
- Eyes are closed a little bit and may turn down slightly at the outer corners.
- Forehead is smooth.
- Mouth is smiling.



Angry

- Eyebrows are lowered, especially near the nose.
- Eyes are narrowed.
- Forehead is wrinkled.
- Mouth is closed with corners turned down.
- Face may be red.



Embarrassed

- Eyebrows may be lowered but raised in the center.
- Eyes are closed a little bit.
- Forehead may be wrinkled.
- Mouth may be closed or open.
- Face may be red.



Afraid

- Eyebrows are up and may be pulled together in the center.
- Eyes are wide.
- Forehead may be wrinkled or smooth.
- Mouth may be open.
- Face may be pale.



Sad

- Eyebrows may be lowered slight but pulled up in the center.
- Eyes will be partially closed.
- Forehead may be wrinkled or smooth.
- Mouth may be closed.
- Eyes may have tears.

