Shared Sensory Sorting

Target age group: Preschool children with autism, all developmental levels

Objective: To encourage sensory exploration, sorting abilities, social skills, and fine motor skills

Materials needed:
- Large bin or sensory table filled with rice
- Small red and blue toys, at least 10 of each
- Red bucket and blue bucket
- Small treats

Instructional strategy:
1. Set up the rice bin and mix the small toys into the rice. Place the red and blue buckets nearby.
2. Divide children into pairs, assigning each child red or blue.
3. Explain to children that they must find all the toys in their color. If they find the other person’s color, they can give that toy to the other person to help out. If the teacher sees them helping out, they will receive a small treat.

Accommodations:
- Non-verbal children may need one-on-one help from a paraprofessional, as well as hand-over-hand assistance.
- If children have a strong sensory objection to the feeling of the rice, give them an alternative activity.